

Dr. Somaya Abdel Hameed Al-Ja'afreh, PhD

Assistant Professor

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Education & Training

- Ph.D. in Psychology, University of Saskatchewan, Canada, 2017
- M.A. in Psychology, University of Jordan, Amman, Jordan, 2004
- B.A. in Psychology, University of Jordan, Amman, Jordan, 2001

Work Experience

University of Jordan:

Assistant Professor

Department of Psychology, Faculty of Arts, University of Jordan.
2017-present

Main Responsibilities:

- Long experience in teaching courses in introduction to psychology and developmental psychology:
 - Introduction to Psychology
 - Positive Communication skills
 - Social Psychology
 - The psychology of motivations and emotions
 - Developmental Psychology
 - The Psychology of Personality
 - Research Methods in Psychology
 - Developmental Problems and Issues
 - Family Dynamics Issues
 - Psychological support of elderly

Assistant Dean

Community Service, Alumni, Training and Cultural Affairs, University of Jordan. 2018-2019

Saskatoon Open Door Society

- 2012 – 2015 Interpreter and Translator, working with refugee Families from the Middle East.

University of Jordan, Amman, Jordan.

- September 2009 – September 2010, Research and Teaching Assistant at the Department of Psychology.
- September 2001- February 2004, Research and Teaching Assistant.

Al-Balqa'a Applied University, Al-Aqaba, Jordan.

- September 2006 – August 2009 Faculty Member (Child Education Field).

Main topics I lectured on:

- Child Thinking, Introduction to Psychology, Child Growth, Curriculum design, Child Growth Evaluation, Child Intelligence, Educational Psychology, Teenager Psychology, Introduction to Special Education, Educational Facilities Design, Behavioral Adjusting, Children with Special Needs, Social Rearing, practicum training, Introduction to General Health and Safety, Preschool Child Programs.

National Centre for Human Resources Development, Amman, Jordan

- November 2003 – November 2005, Career Counselor & Gender Specialist.

Jordan River Foundation, Amman, Jordan

- April 2001 – August 2002, Psychologist (working with abused children).

Main Responsibilities:

- Conduct assessment interviews with abused children and their parents.
- Record and collect information about new cases in the center.
- Prepare reports about cases for the clinical psychologist.
- Ensured case documents were complete and stored appropriately.

April 2001 – June 2001, Building up a therapeutic program for abused children, research assistant. Jordan River Foundation.

Expertise

- Immigrant and Refugee Mental Health and Service Needs
- Developmental Psychology, Child and Adolescent Psychology
- Early Childhood Education, Educational Psychology & Special Education
- Developmental, Behavioral and Adjustment Problems in Childhood
- Family Functioning and Parenting
- Clinical Communication skills
- Research Methods in Psychology

Languages

• Arabic	Native Language
• English	Excellent

Computer Skills

- April 2008, Cambridge International Diploma in IT Skills, University of Cambridge, Local Examinations Syndicate.

Courses, Workshops, and Conferences

<ul style="list-style-type: none"> • July, 2020, Immigrant and Refugee Mental Health Course. Online course, Center for Addiction and Mental Health.
<ul style="list-style-type: none"> • March, 2020. CONAA connects virtually during the 2020 pandemic. 1. Council on Nursing and Anthropology
<ul style="list-style-type: none"> • November, 2019, Mental First Aid Training Course. Mental Health First Aid Canada/ Mental Health Commission of Canada.
<ul style="list-style-type: none"> • March, 2006, TOT Training, NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> • August 2005, "Gender Issues and its Application on Career Counseling Procedures "NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> • July 2005, "Communication Skills (2), "NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> • May 2005, (Visit Study to Canada), How to Develop Training Manuals, How to Deliver Career Counseling Services, and How to Build Careers Descriptions, The Canadian Human Resource

Development, Canada.
<ul style="list-style-type: none"> February 2005, How to Use the Career Path Ways Manual, NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> September 2004, Workshop on “Career Counseling Theory, Skills & Techniques”, NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> September 2004, Communication Skills (1), "NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> June 2004, Workshop on "Gender Sensitization," the Jordan Canada Program Support Unit (PSU), CIDA and NGOs.
<ul style="list-style-type: none"> May 2004, "Decision Making Skills, Problem-Solving Skills, and Creativity Thinking Skills," NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> May 2004, "How to Use Electronic Labor Exchange Website," NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> March 2004, "Design of Performance Measurement Framework," National Center for Human Resources Development, SETVET.
<ul style="list-style-type: none"> March 2004, "Career Counseling Skills, Leadership Skills, and Negotiation Skills," NCHRD, AI - Manar Project.
<ul style="list-style-type: none"> March 2004, "Creativity Thinking, Mind Storm," Young Entrepreneurs Association.
<ul style="list-style-type: none"> December 2003, "How to Conduct Psychological Tests," NCHRD, AI-Manar Project.
<ul style="list-style-type: none"> September 2001, Building Radio Program for Youth for Procreation Health Workshop, Population Conference, National Committee for Population.
<ul style="list-style-type: none"> May 2000, Procreation Health Workshop, Population Conference, National Committee for Population.

Volunteer Work & Community Service

- September 2012 – September 2015, Saskatoon Open Door society, working with refugees from the Middle East, interpretation and translation.
- February 2001 – June 2001, Jordan University Hospital, Department of

psychological disorder, working with patients and assisting the psychiatrist.

- November 2000, Al- Fohias hospital, meeting and assessing patients.
- September 1999 – June 2000, Jordan University Students Council, Membership.

Awards, Prizes and Scholarship

- 2019/7 - 2021/6, Co- investigator. Perceptions of Domestic Violence among Women Syrian Refugees Funding Sources: University of Regina SSHRC Explore Grant President's Seed Grant and Faculty of Nursing Travel Award Total Funding - 7,000 Funding. Principle investigator: Professor Elise Matthews.
- 2009/ 9 – 2016/ 9, Full Scholarship from the University of Jordan to complete the PhD degree in Developmental program. Total Funding – 178,000
- 1997/9- 2001/6, Full Scholarship from the University of Jordan for the BA degree.
- 2001/7, Mohammad Malhas Award for Talented students.

Memberships:

- Sep. 2011- Present, Member at the Canadian Psychological Association.

Funding

Perceptions of Domestic Violence among Women Syrian Refugees
Co-Principal Investigator with Elise Matthews 2019/7 - 2021/6 University of Regina SSHRC Explore Grant President's Seed, \$5,000

Conference Publications & Journal Articles:

Al-Habies, F.A., Tarawneh, H., duhelan, I., Dalaeen, A., Tarawneh, H., Dawagher, S., Jawarneh, I., **Al-Ja'afreh, S.**, Alorani, O. (2024). The impact of Cognitive Behavioral Therapy (CBT) program on anxiety disorder and memory recall. *Periodicals of Engineering of Natural Sciences*. 12(1), 183-190.

Al Njadat, E., Almsaiden, A. H. I. & **Al-Ja'afreh, S.** (2022). The Effect of University Education on Providing students with Global 21st Century Skills at Al-Balqa Applied University. *Journal of Positive Psychology*. 6(3), 7339-7350.

Al Njadat, E. N., **Al-Ja'afreh, S.**, & Almsaiden, A. H. I. (2021). Educational technology and its impact on the efficiency of the educational process in higher education. *Cypriot Journal of Educational Science*. 16(4),1384-1394
<https://doi.org/10.18844/cjes.v16i4.5987>

Al-Ja'afreh, S., Matthews, E. J., & Gelech, J. (2020). Family, health and community experiences of Syrian women refugees in Saskatchewan. Paper presented at the Council on Nursing and Anthropology sessions at Society for Applied Anthropology virtual conference March 18. *Journal of Global Qualitative Nursing Research*: <https://doi.org/10.1177/2333393620925792>

Matthews, E. J., **Al-Ja'afreh, S.**, & Gelech, J. (2020). Language, translation and representation: Critical interpretation of Arabic speaking refugee women's experiences presented in English. Paper presented at the Council on Nursing and Anthropology sessions at Society for Applied Anthropology virtual conference March 18. *Journal of Global Qualitative Nursing Research*: <https://doi.org/10.1177/2333393620925792>

Al-Ja'afreh, S. (2016). Minding the Iraqi refugee: Psychological challenges of Iraqi war refugees and the effectiveness of existing support services in Saskatoon (Doctoral dissertation).

Mataalka, F. & **Al-Ja'afreh, S.** (2010). Social assistance resources used by students from Al-Balqa' Applied university to deal with their life stressors. *Psychological and Educational Journal*. 25, 3, 175- 190.

Al-Ja'afreh, S. & Hilmi, F. November (2005) Work environment and its relationship With Mental Health, *Derasat Journal*.