Ashraf F. Alqudah. Ph. D. Clinical Psychologist

Professor at the Department of Psychology at the University of Jordan



# ASHRAF F. ALQUDAH, Ph. D.

### **\* PERSONAL INFORMATION**

o Name: Ashraf F. Alqudah

o **Place and Date of Birth:** Jordan, November 8<sup>th</sup> 1975

o Marital Status: Married

Current work:

- Clinical Psychologist and Assistant Professor at the University of Jordan, Department of Psychology.

#### **Work Contacts:**

o Phone: "962" (6) 5355000 Ext. 24982 or 24979

o Fax: "962" (6) 5300564

### **EDUCATION**

July 2007 Ph.D. Clinical Psychology (Track: Medical Psychology, Area of

Concentration: Pain Management).

June 2007 Psychology Internship Successful Completion at Shands Hospital,

Florida.

University of Florida Health Science Center, Gainesville, Florida. Department of Clinical and Health Psychology (APA Accredited

Program, One of the top 10 programs in the USA in 2007)

May 2000 Master of Art in Psychology

University of Jordan, Jordan, Amman

September 1997 Bachelor of Art in Psychology

University of Jordan, Jordan, Amman

# FIELDS OF SPECIALIZATION AND INTERESTS

Clinical Medical Psychology Chronic pain, psycho-oncology, Cardiac Psychology

and psychological evaluations for organ

transplantation and donation (e.g., heart, liver, bone marrow, etc.), and adherence to medical regimen

Psychology of Chronic Pain Multidimensional assessment, cognitive behavioral

treatment, pain management, pain perception, gender differences, ethnic differences, pain-related mood, and coping with chronic pain conditions

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(e.g., chronic back pain, facial pain, abdominal pain, phybromyalgia, cancer pain, etc.)

### PROFESSIONAL ORGANIZATIONS

10/1999-6/2000 Doctors of the World Organization/Greek Branch; a project carried

out in Jordan for 8 months. Job involved psychological assessment of thallassemia and sickle cell patients and their families as well as raising public awareness about family dynamics and psychosocial factors that influence patients and their families. Job also included providing more adaptive coping strategies for the patients and their

families.

09/2000-09/2001 Research and teaching assistant at the University of Jordan,

Department of Psychology.

# **CLINICAL EXPERIENCE**

ASSESSMENT / CONSULTATION

8/2005- 6/2006 Advanced Clinical Health Psychology Practicum

Shands Rehabilitation Hospital, Gainesville, Florida.

Responsibilities: Perform neuropsychological evaluations, consult with and answer consultations of physical therapists, speech therapists, medical staff, performing initial intakes and conduct

therapy, and review medical records.

Fall 2004 Primary Care / Rural Psychology Practicum

Community Health Departments, Dixie county and levy county,

Florida.

Responsibilities: Conduct therapy intake assessments, review medical records, and provide brief therapeutic services for adults. Population served included adults from rural areas with low-income backgrounds. Presenting problems include anxiety, depression, smoking cessation, substance abuse, personality

disorders, and poor adherence to medical regimens.

Fall 2003 <u>Adult Neuropsychology Practicum</u>

Psychology Clinic, Shands Hospital, Gainesville, Florida.

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Responsibilities: Conduct neuropsychological testing, conduct clinical interviews, and review medical records for adults with multiple neuropsychological impairments associated with multiple sclerosis, dementia, bacterial meningitis, and learning disorders. Also provide interpretive feedback to patients and medical providers. Provide these services for both inpatients and outpatients.

# Summer 2003 <u>Clinical Child Psychology Practicum</u>

Psychology Clinic, Shands Hospital, Gainesville, Florida

Responsibilities: Conduct psychological testing, conduct clinical interviews, and review medical records for both outpatient and inpatient children. Presenting problems include ADHD, learning disorders, depressive and anxiety disorders, and pervasive developmental disorders. Also provide interpretive feedback to patients, parents, and medical providers.

## Spring 2003 <u>Medical/Health Psychology Practicum</u>

Psychology Clinic, Shands Hospital, Gainesville, Florida. Shands Rehabilitation Hospital, Gainesville, Florida.

Responsibilities: Conduct clinical interviews, review medical records, administer and interpret psychological testing, and provide feedback to patients. Consult with and answer consultations of physicians regarding psychological factors that contribute to medical conditions. Population served included inpatient and outpatient adults and children seen for pre and post transplant evaluations, evaluations for poor adherence to medical regimens, etc.

#### SUPERVISED PSYCOTHERAPY / TREATMENT

6/2006 – 7/2007 Psychology Intern at the Department of Clinical and Health Psychology at the University of Florida Health Science Center,

Shands Hospital. Gainesville, Florida.

04/01/2007 - 07/28/2007 Medical Psychology, Including and focusing on pre-

transplantation evaluations and post-transplantation follow ups. Also included pre-donating evaluations for organ donors. Organs dealt with included lung, heart, liver, kidney,

and bone marrow.

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01/01/2007 – 03/31/2007 NeuroPsychology, Pediatric Pulmonary, and General mental

health services: Including assessment of dementia and Alzheimer's patients, assessment and treatment of patients with cystic fibrosis and asthma, and patients with general

psychological concerns.

10/01/2006 – 12/31/2006 Medical/Health Psychology services: Including Pain

Management. Assessment and treatment of pain patients.

Back pain and facial pain patients.

07/01/2006 - 09/30/2006 Medical/health Psychology services: including Cardiac

Psychology and PsychoOncology services. Assessment and therapy of Cardiac and Cancer inpatients and outpatients, and provide psychotherapy for cancer patients in both inpatient and outpatient settings. Services included: Helping patients adjusting to major life stressors (including illness & Medical treatment techniques), Help with anxiety or distress specific procedures (e.g., chemotherapy, surgery, radiation), Pain Management, Support for family members, Help with health related behaviors (e.g., smoking, weight, exercise), Aid in addressing end-of-life issues for both patient and family. And providing psychotherapy for patients' psychological problems.

1/2004 – 6/2006 General and Advanced Practica in Child and Adult Psychotherapy

Conduct psychotherapy with adult patients in the outpatient psychology clinic and inpatient medical units at Shands Hospital (e.g., burn unit, transplant unit). Presenting problems varied and included Major Depressive Disorder, stress and coping with medical procedures, Generalized Anxiety Disorder, chronic pain, adjustment to medical condition, Adjustment Disorder, and psychological factors affecting medical condition. Patient population includes those from urban and rural areas, and those of varying ethnic, cultural, and economic backgrounds.

08/2007 – Present - Clinical Psychologist and Assistant Professor at the University of Jordan, Department of Psychology.

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# **Publications**

- M. Robinson, A. Alqudah, A Hirsh and L Stutts. (2008). Sex and race differences in rating others' pain, pain-related negative mood, pain coping, and need for medical treatment. *The Journal of Pain. Volume 117, Issue 4, Supplement 1, Page 63*.
- Adam T Hirsh, M.S.; Ashraf F Alqudah, Ph.D.; Lauren A Stutts, M.S.; Michael E. Robinson, PhD. (2008). Virtual Human Technology: Capturing Sex, Race, and Age Influences in Individual Pain Decision Policies. *Pain*.